

GROUP BOOKINGS

2025

Looking for the
perfect place to
host your next
Yoga Retreat or
Teacher Training?

Welcome to
Talalla Retreat

RETREATS

TRAININGS

CONFERENCES



Talalla Retreat is a **purpose-built retreat center** nestled across a 7-acre jungle, offering a serene and peaceful sanctuary for anyone seeking a break from the hustle and bustle of life.

Our **tranquil surroundings** and extensive facilities make us the **ideal destination** to host your own yoga or wellness retreat, or any other group event. Our experienced team can help you plan and execute a successful event, leaving you free to focus on guiding your guests towards greater health and well-being.

We have four **open-air yoga shalas** beautifully designed with **spacious interiors** that allow for comfortable movements and are equipped with all the necessary props. Our **organic gardens** provide a serene and calming atmosphere, perfect for yoga enthusiasts. Start your day with a leisurely **beach walk** overlooking a **stunning sunrise**, or explore the local fishing village to immerse yourself in **Sri Lankan culture**.

At Talalla Retreat we believe in a **holistic approach to health and wellness**. Our onsite **Ayurvedic spa** offers a variety of treatments to soothe the mind, body, and soul. Our trained therapists use only **natural and organic ingredients** to create **personalised treatments** tailored to your individual needs.

The main **dining area** at the retreat space offers **panoramic views of the jungle and beach**, making every meal a memorable experience. We serve delicious and **healthy meals** sourced from local ingredients and our **onsite gardens**, ensuring our guests have an authentic experience of the region.

To further enhance your time with us, the beautiful and refreshing **20-meter swimming pool**, coupled with **incredible weather** all throughout the year makes this property an ideal choice for those **seeking relaxation and rejuvenation**.

Our **guest relations team** is dedicated to ensuring that guests have an enjoyable stay and are always available to assist with any queries or requests. Come and experience our **unique blend of nature and yoga** at our idyllic Talalla Retreat.



Accommodation:

We offer a variety of accommodations to suit your preferences, including private villas immersed in the jungle and stunning ocean-view rooms. All rooms are fitted with comfortable amenities and unique ensuite outdoor bathrooms to ensure comfort and relaxation throughout your stay.

VIEW MORE ABOUT OUR ROOMS

Extras & Excursions:

Here at Talalla Retreat we can provide private Reiki treatments, Ayurvedic consults and Surf Lessons. The southern province of Sri Lanka is bustling with exciting activities that can be pre-organised for your retreat. The following list is a snapshot of ideas to entertain your guests: Sea turtle hatchery, Elephant Safari National Parks (Yala and Udawalawe), Buddhist Rock temple, Galle (famous shopping city, Local temples, Tea plantation tours, Blue whale watching, Snorkelling, Nature reserves and stunning beaches.

Spa:

Our onsite Ayurvedic spa offers a variety of treatments to soothe the mind, body, and soul. Our trained therapists use only natural and organic ingredients to create personalized treatments tailored to your individual needs.

Airport and City Transfers:

We also offer airport transfers to keep your visit as hassle-free as possible. The transfers from Colombo airport take 3 hours and are in an air-conditioned van, priced from \$100 - \$125 USD one way.

Cancellation policy:

A deposit of 20% of the total cost of rooms is due at the time of booking. If the course is cancelled over 3 months prior to the commencement of the course, a full refund of the deposit will be given. If it is cancelled within the 3 months leading up to the course, no refund of the deposit will be given, but can be used within 12 months.



Minimum 5 rooms to consider as a group booking.
Food and accommodation free for the teacher

**GROUP RATES AVAILABLE FOR BOOKINGS BETWEEN:
FEBRUARY 1ST - DECEMBER 14TH**

RATES ARE PER ROOM PER NIGHT - TAX INCLUSIVE - USD
BB: (Bed & Breakfast)
HB: (Breakfast and Dinner)
FB: (Breakfast, Lunch and Dinner)

BUNGALOW ROOMS
AC

DIRECT RATES

Single/Double

BB - \$ 70 / \$ 98
HB - \$ 82 / \$ 122
FB - \$ 92 / \$ 142

DELUXE VILLAS
Ground or First Floor

DIRECT RATES

Single/Double/Triple

BB - \$96 / \$124 / \$152
HB - \$108 / \$148 / \$188
FB - \$118 / \$168 / \$218

BAMBOO HUTS
Open Air

DIRECT RATES

Single/Double

BB - \$105 / \$133
HB - \$117 / \$157
FB - \$127 / \$177

SEAVIEW VILLAS
**Ground floor (AC) or
First Floor (no AC)**

DIRECT RATES

Single/ Double/Triple

BB - \$132 / \$160 / \$188
HB - \$144 / \$184 / \$224
FB - \$154 / \$204 / \$254

Keen to join us?

We would love for you to join us and are happy to confirm our availability with you once we know your preferred dates.

Get in touch today:

E. groups@talallaretreat.com

P. +94 41 225 9171

www.talallaretreat.com

Social Media:

@talalla_retreat

www.facebook.com/talallaretreatsrilanka

Marketing & Promotion:

Upon booking confirmation, we are happy to provide you with Talalla Retreat marketing images to assist in the promotion of your retreat. We will also list your retreat via our website and reshare your posts on our social media platforms.

